



Seeing Beauty Everywhere:

Connecting to the Sacred, Through Life's Ebb and Flow

LCC'S Annual Women's Retreat

Led by Rev. Kathy Cramer

Friday August 8th to Sunday August 10th, 2025

Villa Maria Del Mar, Santa Cruz, CA

Seeing Beauty Everywhere:

Connecting to the Sacred, Through Life's Ebb and Flow

Think about how you feel when you see something beautiful. It could be a work of art, a vivid sunset, a budding flower or the smile of a loved one. In those moments we connect with something greater than ourselves. We may not think of these moments as holy, still they are sacred because of the connection that drew us in to begin with.

Now consider how often you are aware of the beauty in your life. We can often go through our days on autopilot, following our routines, looking for the next thing to do and missing out on the beauty that in most cases is within our sight. The sacred is not only for Sunday mornings or spiritual epiphanies; it permeates our everyday existence. When we appreciate a cup of tea in the morning, feel the warmth of the sun on our skin, or hear the laughter of children, we are touching the divine.

This year in our women's retreat we are going to allow the beauty of the ocean, and the ebb and flow of tides help us see how the sacred is always with us, in the ebb and flow of our own lives. We will explore how our understanding and vision of the sacred helps us to connect with others, with the natural world and with our deepest selves. As inherently relational beings the connections make and nurture are a vital part of experiencing beauty. As always, the retreat will provide time for individual reflection, group sharing, free time and fun.



Where: Villa Maria del Mar
21918 East Cliff Dr, Santa Cruz, CA 95062

When: Friday August 8— Sunday, August 10

Check-in is at 4:00 pm Friday. Dinner is served at 6:00 pm. Program begins at 7:00 pm

The retreat ends at 2:00 pm Sunday.

The Villa Maria del Mar Retreat Center is on the ocean in Santa Cruz.

Check out their website: villamariadelmar.org

Great food, elevator, air conditioning, private garden,
and a meeting room with a view of the ocean (if we have 30 participants, so invite a friend).

Registration Form

\$50 deposit due February 16

Check ONE:

_____ 1- Please reserve a SINGLE room for me at the cost of \$500 for the weekend
(includes 6 meals and program).

The price includes dinner on Friday night as well as lunch before our departure on Sunday
(one additional meal than The Bishop's Ranch).

_____ 2- Please reserve a SHARED room (2 twins) for me at the cost of \$390/person.
I would like to room with _____ or you can assign me a roommate.

To hold either a single or a shared room reservation, please submit a check for \$50 made out to
"Lafayette Christian Church" and with "Women's Retreat" in the memo.

Mail to 584 Glenside Dr, Lafayette, CA 94549,

or leave in the retreat envelope in Kelley's staff mailbox by February 16th.

Rooms will be assigned based on the date of your payment. This is a nonrefundable \$50 deposit.

If you already mailed a \$50 nonrefundable deposit check last November

please check this line _____.

The balance will be due by May 4th, 2025.

You may pay the entire amount now if it is more convenient.

Scholarship plans available—please contact Kelley.

office@lafayettechristianchurch.org or 925-283-8304 for more information.

Contact Nancy Vasko 925-937-6262 with questions.

Name_____

Address_____

Phone_____ Email address_____

Emergency contact name & phone #_____

Special needs_____

Do you wish to carpool? Yes____ No_____

Registration fee \$_____ + Scholarship gift \$_____ = Total enclosed \$_____